

# MUSUL SCHOOL OF PERSONAL TRAINING

## Overview (4)

Course Sidekick

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7 days ago — New York Sport & Fitness:Offers basic gym memberships at \$39/month ...  
Summary Caglar Singletary's Musul School of Personal Training provides a ...

The **Musul School of Personal Training**, led by Caglar Singletary, offers a comprehensive program designed to prepare individuals for a career in personal training. Here's an expert overview based on available context:

- **Program Focus:** The school provides foundational education in personal training, including anatomy, physiology, nutrition, exercise programming, and business practices. The curriculum is structured to ensure students gain both theoretical knowledge and practical skills needed for success in the fitness industry<sup>[1][2]</sup>.
- **Learning Format:** Training is delivered through a combination of live instruction (often via Zoom), one-on-one mentorship, and hands-on application in a gym setting. This hybrid approach allows students to apply what they learn in real-time, enhancing their confidence and competence as trainers<sup>[1][3]</sup>.
- **Credentials Awarded:** Graduates typically earn a Personal Training Diploma, Nutritionist Certification, and may receive additional credentials such as the NASM-CPT (Certified Personal Trainer) and NASM-ACD (Academic Hands-on Certificate of Distinction), reflecting a partnership with the National Academy of Sports Medicine<sup>[1][3]</sup>.
- **Career Support:** The program includes lifetime job placement assistance and mentorship, helping graduates transition into the workforce and build successful careers as personal trainers<sup>[1][2][3]</sup>.
- **Unique Features:** The school emphasizes hands-on, practical experience, distinguishing itself from many online-only certification programs. This approach is highly valued by employers and helps ensure graduates are job-ready<sup>[3]</sup>.

In summary, the Musul School of Personal Training aims to deliver a robust, practice-oriented education for aspiring fitness professionals, combining academic rigor with real-world application and strong career support<sup>[1][2][3]</sup>.

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## He told me he used to go to New York. Sport and Fitness

It seems you are referring to someone mentioning they used to go to **New York Sport & Fitness**, which is a gym or fitness center in New York City. This aligns with the context around Caglar Singletary and the Musul School of Personal Training, which is also associated with New York fitness scenes and gym memberships, such as those offered by New York Sport & Fitness at \$39/month<sup>[4][5]</sup>.

If the person said they used to go there, it likely means they trained or worked out at that gym, which is known for providing basic gym memberships and possibly hosting training programs like those from the Musul School of Personal Training. This gym serves as a hub for fitness enthusiasts and trainers in NYC.

If you want more specific details about their experience or the gym itself, please let me know!

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1. <https://nationalpti.org/school/michigan/>
2. <https://www.fitnessmentors.com/best-personal-trainer-certification/>
3. <https://www.ptpioneer.com/personal-training/certifications/best-personal-trainer-certification-guide/>
4. sports.fitness
5. sports.fitness\_coaches